COMPETITIVE TRAINING SESSION ENROLMENT FORM

LONG COURSE TRAINING, NSA (50m POOL) ***4:00PM-6:00PM***
(NATIONAL SWIMMING ACADEMY, STIRLING UNIVERSITY

Swimmer's name:
Parent Name:
Your email address:
Your postal address:
Postcode:
Telephone No:
Mobile Phone No:
Date of Birth: ___/___/_____

AUTUMN BLOCK: SUNDAYS 4PM-6PM		13 SEPT
7 SESSIONS	(£70 + vat = £73.50)	4 OCT
		1, 15, 22, 29 NOV
		13 DEC
WINTER BLOCK: SUNDAYS 4PM-6PM		10, 24, 31 JAN
9 SESSIONS	(£90 + vat = £94.50)	14, 21, 28 FEB
		7, 21, 28 MAR
SPRING BLOCK: SUNDAYS 4PM-6PM		18, 25 APR
8 SESSIONS	(£80 + vat = £84.00)	2, 16, 23, 30 MAY
		20, 27 JUNE

Sundays 16:00-18:00 Long course training sessions must be paid in advance. First come first served, payment for entire season (Autumn + Winter + Spring) has a discount of £20 + vat (£21) so if you purchase all 24 training sessions you will have 2 training sessions free. Entire season fee is £252.00 – discount = £231.00 Maximum number of swimmers is 10 per long course lane which will be organized according to ability not age. Minimum age for training is 10yrs.

Please arrive early for training sessions: 3:45pm

Health: Please let us know of any health issues that we need to know about:

On occasion we would like to take photographs for publicity purposes. We respect your privacy. If you DO NOT wish to be photographed please let us know.

Where did you hear about the Sheppard Swim School?

Payment enclosed ☐ (This guarantees your place. First come first served basis. Confirmation on receipt of payment via email)

I HAVE READ AND AGREE TO THE POLICIES AND PROCEDURES AS PER WWW.SHEPPARDSWIMSCHOOL.CO.UK

SIGNED_____DATE_____